## LANCASTER FARM FRESH COOPERATIV 2011 COMMUNITY SUPPORTED AGRICULTURE PROGRAM

CSA

Our Community Supported Agriculture program provides you with 25 weeks of local, certified organic produce from our cooperative network of over 75 lancaster county farms.

4 SEASON HARVEST\*

SHOP ONLINE FOR HORMONE FREE DAIRY, PASTURED MEATS AND EGGS, AND PREPARED FOODS FROM OUR 4 SEASON HARVEST BUYING CLUB. CSM\*

Community Supported Medicinoffers 12 shipments of healing hand natural medicinal salves a tonics.

## SUPPORT LOCAL FAMILY FARMERS AND REDUCE YOUR TRIPS TO THE GROCERY STORE!

Lancaster Farm Fresh offers all of the fresh, local products you need delivered weekly, to a pick up location near you.

OVER 45 CONVENIENT PICK-UP LOCATIONS IN THE GREATER PHILADLPHIA AREA

NEW FOR 2011! DOOR TO DOOR DELIVERY AVAILABLE TO THE PHILADELPHIA MAIN LINE CORRIDOR (PAOLI TO CITY AVENUE) AND WITHIN LANCASTER COUNTY, PA BORDERS.

\*INDICATES THAT A CSA SUBSCRIPTION IS NOT REQUIRED FOR PARTICIPATION IN THESE PROGRAMS.

FOR MORE INFORMATION, CONTACT THE CSA TEAM AT LANCASTER FARM FRESH.
717.656.3533 CSA@LANCASTERFARMFRESH.COM LANCASTERFARMFRESH.COM
STAY UPDATED!

